



BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT  
**TRITON REGIONAL HIGH SCHOOL**  
250 SCHUBERT AVENUE, RUNNEMEDE, NEW JERSEY 08078-1796  
(856) 939-4500

*EDWARD J. STAHL, Principal*

*JULIE A. SCULLY, Director of School Counseling*

**JILL DORIO, Counselor**  
**ROBERT LANZILOTTA, Counselor**  
**PATRICIA PETITTE, Counselor**  
**MARGARET PICOLLO, Counselor**  
**BARBARA RUSIGNUOLO, Counselor**  
**MICHAEL MAITAG, Counselor**

January 22, 2010

Dear Parents and Guardians:

The Triton School Counseling Department is once again hosting a set of study skills tutorials. These tutorials are designed to help students with organization, time management, and classroom activities. The tutorials take place during the activity period (2:00 – 2:40) in Room B-09 on the dates listed below.

A student can attend one or all of the tutorials and can sign up by contacting his or her counselor by email, phone or office visit. After signing up, your child will receive a reminder to attend during the school day.

Please feel free to call your child's counselor with any questions to sign up. The schedule will also be posted on the school's web page.

Thank you for supporting our program, and we look forward to working with your children.

Sincerely,  
Triton School Counseling Department

**Wednesday January 27, 2010: What is Your Learning Style?**

Students will determine their learning style and discuss ways to use it to their advantage.

**Wednesday February 3, 2010: Setting Goals for Success.**

Students will create goals and prioritize schedules.

**Wednesday February 10, 2010: Organization and Time Management.**

Students will create a binder to organize course materials.

**Wednesday February 17, 2010: Maximize Your Abilities.**

How to interact with teachers, organize notes and homework and write papers.

**Wednesday February 24, 2010: Track Your Progress**

Students will have the opportunity to review their progress and reassess goals.

**Wednesday March 10, 2010: Test Taking Tips**

Discussion of test taking strategies for multiple choice, true or false and essay questions.



BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT  
**TRITON REGIONAL HIGH SCHOOL**  
250 SCHUBERT AVENUE, RUNNEMEDE, NEW JERSEY 08078-1796  
(856) 939-4500

*EDWARD J. STAHL, Principal*

*JULIE A. SCULLY, Director of School Counseling*

**JILL DORIO, Counselor**  
**ROBERT LANZILOTTA, Counselor**  
**PATRICIA PETITTE, Counselor**  
**MARGARET PICOLLO, Counselor**  
**BARBARA RUSIGNUOLO, Counselor**  
**MICHAEL MAITAG, Counselor**

AN EQUAL OPPORTUNITY EMPLOYER