Black Horse Pike Regional School District 580 Erial Road, Blackwood, NJ 08012

ImPACT

All athletes must complete baseline ImPACT testing before being allowed to participate in their sport. ImPACT is a computerized concussion evaluation system that measures verbal and visual memory, processing speed and reaction time. To most effectively care for athletes who have sustained concussions, it is helpful to compare baseline data to post-concussion data so that any deficits can be determined and proper return-to-play decisions can be made.

INSTRUCTIONS FOR ATHLETES

Please understand that you cannot "fail" this test. It is extremely important, however, that you:

- 1. Set aside 30 minutes in a quiet place with **NO DISTRACTIONS**.
- 2. **READ** the instructions very carefully. Failure to do this can affect the test results and you may then have to re-take the test.
- 3. If you do not have Internet access at home and are unable to take the test anywhere else, please contact your certified athletic trainer.

TO TAKE TO THE TEST:

TRITON SECURITY CODE: 44907883D4

- 1. Go to Internet Explorer or other web browser
- 2. Type in the website: www.impacttestonline.com/schools/
- 3. Select "New Jersey"
- 4. Launch baseline test
- 5. Follow the directions from there. Make sure to read all instructions!

Any questions or concerns should be directed to your school's certified athletic trainer.

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