

REGULATION

Program
2431.8

2431.8 VARSITY LETTERS FOR INTERSCHOLASTIC EXTRACURRICULAR ACTIVITIES

Earning a varsity letter reflects the hard work and commitment given to a team and a sport. Because the requirements for earning a Varsity letter vary depending on the sport, the Varsity letter is a recognition award determined by the sport's Head Coach in conjunction with the Athletic Director.

Wearing a Varsity jersey, practicing on a Varsity team, sitting on the bench for tournament games, or playing in a Varsity game does not guarantee that a Varsity Letter will be awarded to an athlete. Athletes must meet the earned criteria that are set forth for all Varsity athletes as well as the participation requirements for their individual sports.

The criteria for a student to earn a varsity letter in the school-sponsored, interscholastic extracurricular activity is outlined below.

General requirements for earning a Varsity letter in ALL sports:

- 1. Must complete the season and be in good athletic, disciplinary, and academic standing.**
- 2. Show marked improvement during the season and from the previous season.**
- 3. Be of good character, a good teammate, and a team player.**
- 4. Attend all practices, games, meets or matches unless excused by the coach based on a note from a parent or doctor.**
- 5. Contribute to the team's success.**
- 6. Be a regular member of the Varsity team.**

Baseball/Softball

- Participate in 50% of the total innings of all scheduled games OR**
- Pinch-hit or pinch-run in 75% of all scheduled games OR**
- Make at least six appearances as a pitcher.**

Basketball (Boys and Girls)

- Participate in 50% of the quarters scheduled for the season OR**

- Participate in 48 quarters of game play.

Cross Country (Boys and Girls)

- Place seventh or better (amongst your team) in 50% of the meets OR
- Place in the Top 5 Finishers in the TCC, Group or Sectional meets

Cheerleading (Fall and Winter)

- Cheer in 80% of all scheduled games for that season OR
- Compete in all scheduled competitions (if competition cheer)

Field Hockey

- Participate in 50% of the total games scheduled for the season OR
- Participate in 36 halves of game play.

Football

- Participate in 50% of the quarters scheduled for the season OR
- Play special teams in 75% of all scheduled games.

Golf

- Participate in 50% of all scheduled matches OR
- Place in the Top 5 Finishers in the TCC, Group or Sectional matches.

Lacrosse (Boys and Girls)

- Participate in 50% of the total games scheduled for the season OR
- Participate in 18 halves of game play. (Girls)
- Participate in 36 quarters of game play. (Boys)

Soccer (Boys and Girls)

- Participate in 50% of the games scheduled for the season OR
- Participate in 18 halves of game play.

Spring Track (Boys and Girls)

- Participate in 50% of the meets scheduled for the season OR
- Score 12 varsity points during the season OR
- Regularly participate on a varsity relay (at relay meets) OR

- Place in the Top 5 Finishers in the TCC, Group or Sectional meets.

Swimming (Boys and Girls)

- Participate in at least 50% of all scheduled meets during the season OR
- Place in the Top 5 Finishers in the TCC, Group or Sectional meets.

Tennis (Boys and Girls)

- Participate in at least 50% of all scheduled matches during the season.

Volleyball (Boys and Girls)

- Participate in at least 50% of all scheduled matches during the season OR
- Participate in 30 sets of game play.

Winter Track

- Participate in 50% of the meets scheduled for the season OR
- Place in the Top 5 Finishers in the TCC, Group or Sectional meets.

Wrestling

- Participate in 50% of the meets scheduled for the season OR
- Place in the top three (3) in the district or regional tournaments.

Other ways to earn a Varsity Letter:

- **Managers**
 - Be a varsity team manager for two (2) seasons. The letter is awarded after the second season.
 - Be a team manager for four (4) years in a sport, regardless of the level. The letter is awarded after the fourth season.
- **Seniors**
 - Any senior who does not meet the participation requirement but has participated three or more years in an athletic program and is a member of the squad in his/her senior year, upon recommendation of the coach, may be awarded a letter.
- **Injured players**
 - Any athlete who is injured during the season, may receive a letter, if in the opinion of the head coach, he/she would have

participated in the required amount of playing time, if they had not been injured, and served the team in some capacity while injured.

***Athletes who do not achieve the guidelines established above, but make contributions to the team, may be awarded varsity letters at the discretion of the coaching staff and the Athletic Director. ***

****No set of eligibility requirements is all-inclusive. When a situation arises that is not covered under the above requirements, the Head Coach and Athletic Director reserve the right to award or withhold the awarding of a varsity letter.****

2nd Reading: 24 August 2023

Issued: