

SAVE THE DATE!

BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT PRESENTS:

The First Annual Mental Health Awareness Night

Monday, April 27th, 2020

Location: Highland High School

Doors Open at 5:30

We are hosting speakers from Minding Your Mind, an organization that educates participants to LOOK BEYOND THE STIGMA and notice warning signs of Stress, Anxiety, Depression, and Body Image.

In addition to the presentation by Minding Your Mind, resource tables and representatives from local mental health agencies will be available from 5:30-6:30 in the main lobby of Highland Regional High School. A raffle including over 25 prizes will directly follow the presentation. Refreshments will also be served.

Should you have any questions please contact your student's mental health counselor or school counseling department.

AGENDA:

- 5:30-6:30: Resource fair where families will have the opportunity to speak with local mental health agencies and acquire additional information
- 6:30-7:30: Minding Your Mind presentation in the Auditorium
- 7:30—8:00: Question and Answer Session
- 8:00: Raffle Drawing



MENTAL ILLNESS DOES NOT DISCRIMINATE.
BUT SOMETIMES PEOPLE DO.

TO RSVP FOR EVENT PLEASE USE THE LINK BELOW:

<https://www.eventbrite.com/e/04272020-mental-health-awareness-night-tickets-95384974025>