

# ***STOP***

## **Students Taking an Opposite Path**

- **Program Overview**

- Facilitated by Center for Family Guidance
- 6 weeks of group sessions
- Every Thursday @ Highland High School from 6:00 p.m. – 7:30 p.m.
- Maximum 12 students

- **6 Sessions Topic Ideas**

- *Getting to Know Me/How I Got Here*
- *Why You Don't Understand Me*
- *My Behavior/Decision-making/Peer Pressure and Positive Peer Influence*
- *Emotional Health*
- *Substance Abuse Overview/Overview of Addiction Difference between drug abuse and drug dependence*
- *Addiction and Families*

- **Program Dates:**

- Session I- November 1, 2018
  - 11/1, 11/15, 11/29, 12/6, 12/13, and 12/20. (Make-up date 1/3 )
- Session II- January 24, 2019
  - 1/24, 1/31, 2/7, 2/14, 2/21, 2/28. (Make-up date 3/7)
- Session III- April 4, 2019
  - 4/4, 4/11, 5/2, 5/9, 5/16, 5/23. (Make-up date 5/30)