

NURTURING GROWTH IN 2021



Health Emergency Data and Responsibility

The Department of Health releases a weekly COVID-19 Activity Level Report. It can be found [here](#).

Our District is in New Jersey Southwest Region, consisting of Burlington, Camden, and Gloucester Counties.

Testing Positive

If a student shows symptoms or tests positive, please email the child's school nurse to notify them of the positive COVID-19 test result and include the following information:

- Student Name
- School
- Grade Level
- Date of Symptoms
- Date of Positive Test
- Where Tested
- Contact Information

Highland nurse is Jeanine Tromater,
jtrommater@bhprsd.org or
856-227-4100 x 4008

Triton nurse is Christa Moore,
cmoore@bhprsd.org or 856-
939-4500 x2008

Timber Creek nurse is Monica Coslove,
mcoslove@bhprsd.org or 856-
232-9703 x6008

OR

Complete this [Google Form](#) to report a positive COVID-19 test result.

Thank you for being responsible and keeping others safe.

In tumultuous times, educators provide support and comfort

By Dr. Brian Repici, Superintendent

Education is a people-first, service industry. Since March, everyone in society has been anxious, pushed to the limits, and constantly adjusting to change. However, few professions require daily interactions with children, where every day planned delivery of instruction demands thought, contemplation, and a deep level of care. Educators accept and welcome the duty of building cultured societies. They do so with honor and conviction for the purpose of having an educated citizenry.

COVID-19 has tested the ability of educators to teach, reach, and inspire students, especially with all of the health-related schedule changes, the traumatic events happening around them, the uncertainty of a bizarre virus, and the worries they have for their own loved ones. Students have also been jockeyed from one learning model to another amid the health crisis, often missing key elements of in-person school experiences. Yet, this past week, after the events that unfolded at our Nation's Capital, educators and students faced another test, requiring them to dig deep, to stay objective, and to listen, offer advice, and to help heal the wounds suffered by our students and fellow educators.

I am very proud of our faculty & staff as they fulfilled their duty, once again, to rise to an unexpected challenge. Many of us had the good fortune of being able to speak with our students about what we witnessed. These events sparked questions about civility, justice, equity, leadership, and compassion. As usual, the young people we serve in our schools were articulate, calm, collected, and offered deep and meaningful dialogue, which helped their peers and us, as educators, gain traction on the road to understanding and healing. This was a heavy lift, but our faculty and students were able to muster additional fortitude in order to examine what occurred and communicate what should happen going forward to bridge any divides and repair any relationships.

There is still work to be done. Educators will be there to answer the call. If your child wishes to talk more about the events that unfolded, please do not hesitate to contact your child's respective vice-principal or teachers. Additionally, each child has a school counselor that can help. What everyone witnessed was unprecedented in our Nation's history, so we are here to listen and help students work through what they may be feeling.

We have sincere appreciation for our educators and students.

Please utilize the services that are still available to students, even though we will be on a temporary remote learning model. Our school counselors are ready to assist students and parents with college and career planning and providing students with strategies to improve their outlook. We have reading specialists, language arts literacy tutors, math tutors, and over 300 eager teachers to assist students with academic support. As caregivers, please remember to check your child's grades by logging into the Genesis Parent Portal. Please direct any questions to your child's teachers and they will respond in a timely fashion.

In need of internet? We can help. In need of headphones? We can help. Contact your child's vice principal for anything you think will help your child succeed because we are here to ensure the success of all of our students.

If you or someone you know is in crisis, please dial 911 or call Jefferson Crisis Center at 856-428-4357. You can also call 1-800-273-TALK (8255) to reach a 24-hour crisis center or text MHA to 741741 at the Crisis Text Line.

Additional resources can be found at the "[NJ Mental Health Resources](#)" page.

Please remember to check our website for valuable information and updates about this school year at www.bhprsd.org.

THIRD MARKING PERIOD BEGINS JANUARY 25, 2021

Inclement Weather Days

In preparations for potential inclement weather, the school calendar has been adjusted to allow students to participate in an all-remote learning day rather than the cancellation of school.

Tips for Taking Care of Your Mental Health During Coronavirus

Take breaks from watching, reading, or listening to social media and news stories about COVID-19. It's okay to stay informed, but overexposing ourselves to too much information can be stressful and overwhelming.

- Make sure you are still taking care of your body! Getting enough sleep, eating healthy, and making sure we are still moving around can help us take care of our mental health. Some ideas to consider:
 - Practice mindfulness and/or meditation.
 - Make sure to get some fresh air and sunlight, maybe sit by a window while doing homework/or reading, do a quick workout in your own yard, etc.
 - Use home workout videos to keep moving and exercising.
 - Find some healthy recipes and try your hand at cooking. Not only are you fueling your body with healthy food, but it could also be a fun experience!
- Make time to connect with others who live in your home or with friends through phone calls or video chats. Talk with people you trust about your concerns and how you are feeling.
- Practice hobbies and activities you enjoy. It's important to keep up on school and work, but fun and enjoyment are also factors that promote positive mental health. This could also be a good time to try something you've never had the time to do. Sites like Youtube have plenty of free how-to videos that can help you learn new skills, such as new dance moves, cooking techniques, or how to crochet.

For **January 11-15, 2021**, we will continue to follow the learning model below.

- The remote-only learning model will follow the same Monday, Tuesday, Thursday, and Friday half-day schedule, where all students will log into Google every day and participate in remote, live, synchronous instruction and asynchronous learning every day.
- Wednesday will remain the same as a remote, synchronous live schedule as it has been.
- On the afternoons of Monday, Tuesday, Thursday, and Friday, students can receive extra academic support, counseling services, or remote tutoring.

The temporary, remote learning model ends

January 16, 2021. Students, who are not registered for a full remote learning model, should attend school starting on Tuesday, January 19, 2021. If any student who is on a remote-only learning model wishes to return to the in-person learning model, please email your respective vice-principal as soon as possible.

If we are advised or observe that health data suggest to continue in a temporary, remote-only learning model through January, we will communicate that decision as soon as possible. You should have also received a letter from the School Principal outlining school calendar updates.

Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 7:45 am – 8:42 am	Period 2 7:45 am – 8:42 am	Period 1 8:00 am – 8:30 am Period 2 8:35 am – 9:05 am	Period 1 7:45 am – 8:42 am	Period 2 7:45 am – 8:42 am
Period 3 8:46 am – 9:43 am	Period 4 8:46 am – 9:43 am	Period 3 9:10 am – 9:40 am Period 4 9:45 am – 10:15 am BREAK 30 MIN	Period 3 8:46 am – 9:43 am	Period 4 8:46 am – 9:43 am
Period 5 9:47 am – 10:44 am	Period 6 9:47 am – 10:44 am	Period 5 10:45 am – 11:15 am Period 6 11:20 am – 11:50 am	Period 5 9:47 am – 10:44 am	Period 6 9:47 am – 10:44 am
Period 7 10:48 am – 11:45 am	Period 8 10:48 am – 11:45 am	Period 7 11:55 am – 12:25 pm Period 8 12:30 pm – 1:00 pm	Period 7 10:48 am – 11:45 am	Period 8 10:48 am – 11:45 am
Afternoons: M-R until 2:40pm, Friday until 2:10pm Teacher Office Hours, Planning and Academic Extra Help... AND...				
Students complete Asynchronous Work for Periods 2, 4, 6 and 8 (20 minutes each)	Students complete Asynchronous Work for Periods 1, 3, 5 and 7 (20 minutes each)	Students work on asynchronous assignments	Students complete Asynchronous Work for Periods 2, 4, 6 and 8 (20 minutes each)	Students complete Asynchronous Work for Periods 1, 3, 5 and 7 (20 minutes each)

How you can help your child embrace change and achieve success:

1. Make sure that your child **logs on** to their teachers' Zoom or Google Meet at **7:45 am sharp every day** that they are not physically in school.
2. Have your child **email their teacher** to schedule a private zoom session **for extra help** and/or to have their **questions** answered starting at 12:35 pm each day.
3. Sign in to the **Parent Portal** to **check your child's grades** and view teacher comments.
4. Check the **calendar links** on teacher websites for your child's classes to see the **assignments** given.

Remember, TOGETHER we can accomplish anything!

Extra-Curricular Program Update

The Black Horse Pike Regional School District will continue to support co-curricular programs where possible dependent upon health conditions and COVID-19 data.

The [NJSIAA has released additional guidance](#), which delays the Winter Athletic Season as per their schedule. **The NJSIAA also released this additional [Winter Season Guidance](#) on December 21, 2020.**

Athletic Directors will be working with coaches, health officials, and school administrators to provide direction to parents and prospective student-athletes.

Basketball and cheerleading in-person practice may begin on January 16, 2021.

Those who are advising clubs and other co-curricular programs, except athletic programs, can continue to do so after 2 pm, so long as there is no contact between participants, masks are worn, social distancing is adhered to, and good personal hygiene are followed. We will inform you if that determination changes.

If a student-athlete is not exerting his or herself, they must wear a mask on the sideline. Cheerleaders and any Music participants must do the same when they are not exerting themselves. This is a directive from the Department of Health.

For detailed information on eligibility and forms for your student athlete, please go the following school web links:

[Timber Creek](#)

[Triton](#)

[Highland](#)

Breakfast & Lunch: Free to All Students

ALL students are eligible for free breakfast and lunch every day, whether they are in school or not, so long as New Jersey continues their support of this food service program. This is great news for our families.

Food service will be available to all students even while the school district is operating a remote learning model. **The 7-day meal package will be available for students/families to pick up at each school between the hours of 12 pm-2pm and 5pm-7pm on Wednesdays.** Need a gallon of milk...for free? Get one of our 7-day meal packages.

If you have any questions or concerns regarding food service or have a need for delivery, please call 856-227-4100 extension 4012. Again, we will deliver food to our community based students, you just have to call and request delivery service.

Click the links below for the food service form.

[Timber Creek](#)

[Highland](#)

[Triton](#)

IN NEED OF TECHNOLOGY ASSISTANCE?

Here is a link to solutions to common Chromebook issues. These solutions can help get you back up and running with minimal effort and without the need to come into the building for a replacement/repair.

<https://www.bhprsd.org/cms/lib/NJ01001930/Centricity/Domain/4/Common%20Chromebook%20Troubleshooting.pdf>

If these solutions do not work and your technology issue requires repair and assistance, please follow these directions:

Chromebook Repair Procedures

Chromebook Repairs will take place at your building and will continue to follow the procedures that have been in place.

If your Chromebook is in need of repair, you may come to the school during building hours to pick up a replacement.

You do not need to make an appointment. Loaner Chromebook will be available at the front desk/office.

You will be instructed to fill out a form when dropping off your Chromebook and picking up a loaner.

Technology will contact you when your Chromebook is repaired and ready to be picked up.

Chromebook Question/Assistance

If you have a general Chromebook question, please email:

tritonhelpdesk@bhprsd.org

timbercreekhelpdesk@bhprsd.org

highlandhelpdesk@bhprsd.org

[How Do I Properly Wear A Mask](#)

[How To Strengthen Your Immunity](#)

[Learn Who Is Hiring In Your
Community](#)

[Unemployed and Need Assistance](#)

If you have any questions or concerns about COVID-19 or need support, Call 2-1-1 for information or text "NJCOVID" to 898-211 or click this [link](#) for more resources.