

## PHASE III SCHEDULE BEGINS MARCH 29, 2021



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The Board of Education approved a [Phase III student schedule](#) that will require students, not on a remote-only learning schedule, to attend school for five (5) half-days a week. We believe that our students will socially, developmentally, and educationally benefit from having additional in-person interactions with our faculty and staff. Please see the [Letter to the Community here](#).

The week of March 29 is a four-day school week, so for this week, the schedule will be as follows:

**Monday March 29:** Periods 1, 3, 5, 7 following the new period times on the schedule below (Period 1 starts at 7:25am)

**Tuesday March 30:** Periods 2, 4, 6, 8

**Wednesday March 31:** Periods 1, 3, 5, 7

**Thursday April 1:** Periods 2, 4, 6, 8

**If any student who is on a remote-only learning model wishes to return to the in-person learning model, please email your respective vice-principal by March 24, 2021. If you do not meet that deadline a student cannot transition to in-person learning.**

**If we are advised or observe that health data suggest to return to a temporary, remote-only learning model, we will communicate that decision as soon as possible.**

### Health Emergency Data and Responsibility

The Department of Health releases a weekly COVID-19 Activity Level Report. It can be found [here](#).

Our District is in New Jersey Southwest Region, consisting of Burlington, Camden, and Gloucester Counties.

#### Testing Positive

If a student shows symptoms or tests positive, please email the child's school nurse to notify them of the positive COVID-19 test result and include the following information:

- Student Name
- School
- Grade Level
- Date of Symptoms
- Date of Positive Test
- Where Tested
- Contact Information

Highland nurse is Jeanine Trommater [jtrommater@bhprsd.org](mailto:jtrommater@bhprsd.org) or 856-227-4100 x 4008

Triton nurse is Christa Moore, [cmoore@bhprsd.org](mailto:cmoore@bhprsd.org) or 856-939-4500 x2008

Timber Creek nurse is Monica Coslove, [mcoslove@bhprsd.org](mailto:mcoslove@bhprsd.org) or 856-232-9703 x6008

OR

Complete this [Google Form](#) to report a positive COVID-19 test result.

Thank you for being responsible and keeping others safe.

[Vaccine Link - Virtua Health](#)

[Vaccine Link - Inspira](#)

[Vaccine Link - Cooper](#)

[Vaccine Link - CVS](#)

[Vaccine Link - Rowan](#)

Monday (60 min periods)	Tuesday (60 min periods)	Wednesday (28 min periods)	Thursday (60 min periods)	Friday (60 min periods)
Announcements 7:25 am - 7:31 am	Announcements 7:25 am - 7:31 am	Announcements 7:25 am - 7:30 am	Announcements 7:25 am - 7:31 am	Announcements 7:25 am - 7:31 am
Period 1 7:31 am - 8:31 am	Period 2 7:31 am - 8:31 am	Period 1 7:30 am - 7:58 am Period 2 8:02 am - 8:30 am	Period 1 7:31 am - 8:31 am	Period 2 7:31 am - 8:31 am
Period 3 8:35 am - 9:35 am	Period 4 8:35 am - 9:35 am	Period 3 8:34 am - 9:02 am Period 4 9:06 am - 9:34 am	Period 3 8:35 am - 9:35 am	Period 4 8:35 am - 9:35 am
Period 5 9:39 am - 10:39 am	Period 6 9:39 am - 10:39 am	Period 5 9:38 am - 10:06 am Period 6 10:10 am - 10:38 am	Period 5 9:39 am - 10:39 am	Period 6 9:39 am - 10:39 am
Period 7 10:43 am - 11:45 am (2 extra min for announcements)	Period 8 10:43 am - 11:45 am (2 extra min for announcements)	Period 7 10:42 am - 11:10 am Period 8 11:14 am - 11:45 am (3 extra min for announcements)	Period 7 10:43 am - 11:45 am (2 extra min for announcements)	Period 8 10:43 am - 11:45 am (2 extra min for announcements)
<b>Afternoons: M-R until 2:40pm, Friday until 2:10pm Teacher Office Hours, Planning and Academic Extra Help... AND...</b>				
Students complete Asynchronous Work for Periods 2, 4, 6 and 8 (20 minutes each)	Students complete Asynchronous Work for Periods 1, 3, 5 and 7 (20 minutes each)	Students work on asynchronous assignments	Students complete Asynchronous Work for Periods 2, 4, 6 and 8 (20 minutes each)	Students complete Asynchronous Work for Periods 1, 3, 5 and 7 (20 minutes each)

## Travel Advisory

It has come to our attention that some families or individuals have travel plans over the upcoming Spring Break. While we recognize the need to "take a break", we discourage travel outside of the approved states of NY, PA, CT, and DE. Some travel may be unavoidable, however, in the interests of everyone's safety and in accordance with New Jersey Travel Advisories, please adhere to the guidelines outlined by the New Jersey Department of Health, as doing otherwise can impact the safety of other students and staff members. 3-5 days upon returning from traveling, travelers should consider getting a viral test. Travelers and residents returning from any US state or territory beyond the immediate regional (NY, PA, CT, or DE) should quarantine at their home or lodging for a full 7 days. If the test is positive or no test was available, then travelers would have to quarantine for at least ten (10) days after travel. See the links below for all of the details. Thank you for doing your part to keep our students and staff safe if you must travel.

[New Jersey COVID Information](#)

[HUB Travel Advisory](#)

[CDC Travel Advisory](#)

[New Jersey Travel Advisory FAQ](#)

Thank you for your anticipated observance of the guidelines.

## Career Corner

After doing some research for today's Newsletter, I came across an article on *LiveCareer* called "10 Things for High School Students to Remember." While the article focuses on tips for deciding on a Career choice, I believe some of these things can be used in everyday life. Sometimes we all need a reminder to take time for ourselves, especially during these trying times. Below I provided you with the main topics/tips from the article. The article goes into much more detail to explain each and provides examples for you. If you would like to read more about any of the advice below, please visit:

<https://www.livecareer.com/resources/careers/recent-grads/high-school-critical-issues>

1. Take time to think about what you like to do, and dream and imagine ideal careers.
2. Challenge yourself in high school, but don't overwhelm yourself.
3. Work, volunteer, or otherwise gain some experience.
4. Get as much education as you can.
5. Talk with as many adults as possible about careers and colleges.
6. Remember that everyone must follow his or her own path in life.
7. People change; don't feel locked into any college or career now.
8. Don't let anyone control your dreams and ambitions.
9. It's never too early nor too late to get organized and begin making plans.
10. Never stop learning: read, grow, and expand your mind.

Stay safe and don't hesitate to reach out to the Career Counselor in your building!

Brittany Harris – Timber Creek  
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Lauren McElroy – Highland  
[lmcelroy@bhprsd.org](mailto:lmcelroy@bhprsd.org)

Sarah Smith – Triton  
[ssmith@bhprsd.org](mailto:ssmith@bhprsd.org)

## Student Wellness Services in Response to COVID 19 Mental Health Concerns

**Levels of Support: 1. School Based Counselor 2. Student Assistance Counselor 3. Mental Health Counselor 4. Case Manager**  
**All work collaboratively to provide social and emotional support for all students**

**Let's get Connected Virtual Group - 6 week 1 hour group session run by Center For Family Guidance**

**Direct Referrals to RUSEL-TC (Rowan University Social Emotional Learning Telehealth Clinic)**

**Updated referral list indicating virtual versus in-person counseling services**

**Utilization of an online referral form so that staff and parents can easily refer students that need to be seen**

**Funding for MHACS and SACS to continue small groups throughout the summer months**

**Bridge Program through Grant - LCSW - 1:1 meetings with Medicaid insured students**

**MHAC and SAC - Individual meetings conducted both in-person and virtual**

**Mental Health Awareness Night - Virtual Program for Parents and Students March 29th @ 6 pm - 90 Minute presentation with a *Minding Your Mind* clinician**

***Minding Your Mind* Presentations in Physical Education Classes**

**Presentations in Freshman Seminar & Senior Health Classes on various Mental Health Issues by MHAC/SAC**

**Go Guardian Reports - Online monitoring system flags keywords and searches - notifies grade level VP of unusual activity**

**If you or someone you know is in crisis, please dial 911 or call Jefferson Crisis Center at 856-428-4357. You can also call 1-800-273-TALK (8255) to reach a 24-hour crisis center or text MHA to 741741 at the Crisis Text Line.**

**Additional resources can be found at the "[NJ Mental Health Resources](#)" page.**

**Please remember to check our website for valuable information and updates about this school year at [www.bhprsd.org](http://www.bhprsd.org).**

## Extra-Curricular Program Update

The Black Horse Pike Regional School District will continue to support co-curricular programs where possible dependent upon health conditions and COVID-19 data.

The [NJSIAA has released additional guidance](#), which delays the Winter Athletic Season as per their schedule. **The NJSIAA also released this additional [Winter Season Guidance](#) on December 21, 2020.**

Athletic Directors will be working with coaches, health officials, and school administrators to provide direction to parents and prospective student-athletes.

[See the latest NJSIAA update here.](#)

Those who are advising clubs and other co-curricular programs, except athletic programs, can continue to do so after 2 pm, so long as there is no contact between participants, masks are worn, social distancing is adhered to, and good personal hygiene are followed. We will inform you if that determination changes.

If a student-athlete is not exerting his or herself, they must wear a mask on the sideline. Cheerleaders and any Music participants must do the same when they are not exerting themselves. This is a directive from the Department of Health.

For detailed information on eligibility and forms for your student athlete, please go the following school web links:

[Timber Creek](#)

[Triton](#)

[Highland](#)

## Breakfast & Lunch: Free to All Students

ALL students are eligible for free breakfast and lunch every day, whether they are in school or not, so long as New Jersey continues their support of this food service program. This is great news for our families.

Food service will be available to all students. **The 7-day meal package will be available for students/families to pick up at each school between the hours of 12 pm-2pm and 5pm-7pm on Wednesdays.** Need a gallon of milk...for free? Get one of our 7-day meal packages.

If you have any questions or concerns regarding food service or have a need for delivery, please call 856-227-4100 extension 4012. **Again, we will deliver food to our community based students**, you just have to call and request delivery service.

**Click the links below for the food service form.**

[Timber Creek](#)

[Highland](#)

[Triton](#)

## IN NEED OF TECHNOLOGY ASSISTANCE?

Here is a link to solutions to common Chromebook issues. These solutions can help get you back up and running with minimal effort and without the need to come into the building for a replacement/repair.

<https://www.bhprsd.org/cms/lib/NJ01001930/Centricity/Domain/4/Common%20Chromebook%20Troubleshooting.pdf>

If these solutions do not work and your technology issue requires repair and assistance, please follow these directions:

### Chromebook Repair Procedures

Chromebook Repairs will take place at your building and will continue to follow the procedures that have been in place.

If your Chromebook is in need of repair, you may come to the school during building hours to pick up a replacement.

You do not need to make an appointment. Loaner Chromebook will be available at the front desk/office.

You will be instructed to fill out a form when dropping off your Chromebook and picking up a loaner.

Technology will contact you when your Chromebook is repaired and ready to be picked up.

### Chromebook Question/Assistance

If you have a general Chromebook question, please email:

[tritonhelpdesk@bhprsd.org](mailto:tritonhelpdesk@bhprsd.org)

[timbercreekhelpdesk@bhprsd.org](mailto:timbercreekhelpdesk@bhprsd.org)

[highlandhelpdesk@bhprsd.org](mailto:highlandhelpdesk@bhprsd.org)

**Important Phone Numbers in Case of Emergency**  
**Crisis Mobile Response - PerformCare - Available 24/7 - 1-877-652-7624**  
**Crisis Center - Jefferson Hospital - Cherry Hill - 856-428-4357**  
**DCP&P - Department of Children Protection & Permanency (Formerly DYFS) - 1-877-NJ-ABUSE**  
**Suicide Prevention Hopeline - 855-654-6735**  
**Domestic Violence Hotline - 1-800-572-SAFE**

*If you or someone you know is unsafe please call 9-1-1!  
They are there to help!*

If you have any questions or concerns about COVID-19 or need support, Call 2-1-1 for information or text "NJCOVID" to 898-211 or click this [link](#) for more resources.