

**Black Horse Pike Regional School District
Alumni Spotlight - TRITON
April 2021**

Holly O'Donnell, class of 1991



1. AA: Upon graduation, what post-secondary path did you take and why?

Holly: Upon graduation, I attended Bloomsburg University, earning a Bachelor of Arts, Graduating May 1995 and then attended The College of New Jersey earning a Master's in Education Graduation May 1997.

2. Looking back, would you have done anything differently and why?

Holly: I don't think I would have. After completing my Masters at TCNJ, I went into the business world for a few years and then decided that was not for me. I wanted to coach soccer and become a teacher and pass on all the knowledge I was given over the years.

3. AA: Describe your career/profession today?

Holly: Today, I am currently a Health & Physical Education Teacher and I am also the Assistant Athletic Director at Triton HS.

4. AA: What impact did your BHP high school have on your career path/profession?

Holly: My time at Triton High School had a major impact on my career and life. During my time at Triton HS I was able to receive a great education and play the sport I love- soccer. I definitely would not be where I am today without the guidance and help from my teachers/coaches/counselors and administration at Triton Regional High School.

5. AA: Were there specific teachers, coaches, counselors, administrators, secretaries or other professionals that had a major impact on you while in school, and if so, who were those professionals? Describe how they helped you along your HS journey.

*Holly: There were quite a few educators that were instrumental in helping mold me into the person I am today. To name just a few: **Mr. Tony Rappa** (my teacher and advisor), **Mr. Mannino** (my soccer coach) **and Mr. Cappelli** (my Principal).*

6. AA: Which school clubs, sports, activities, etc., if any, did you participate in at THS? Were there any moments or experiences that you can recall that helped you become the person you are today?

Holly: At THS, I participated in Soccer, Interact, Student Council and the Italian Club

7. AA: Please share any other favorite memories of the Black Horse Pike Regional School District, your HS in particular, that would inspire today's youth?

*Holly: One of my fondest memories of my High School career had to be traveling to Italy with my teacher - **Mr. Minniti** and the Italian Club. I remember being at the Vatican on Easter Sunday with a million people! I also had many great memories playing soccer and representing the Red & the Blue!! Once a Mustang always a Mustang!!*

8. What advice would you give to our current student body? What would you have done differently in high school if you could turn back time?

Holly: Be kind, get involved, and make the most of your High School careers. Time flies by! Also take advantage of all that Triton has to offer. Build relationship and bonds with your friends, teachers, coaches, counselors and advisors. We are always here for you. I truly believe we have the best administration and staff around!!



Health PE teacher at Triton, Coach of the year for Girls Soccer, Assistant Athletic Director for Triton

~ Dina Tomczak, TC Health/Physical Education teacher



Where Inspiring Excellence is our Standard and Student Achievement is the Result!

