

## December Nominees

### **Boys Basketball: Alex King: Senior**

Alex, a 2 year captain, has been the heart and soul of the boys basketball team to start the year. Alex has been averaging 4.75 points per game, 3.78 rebounds per game, and 2.5 assists per game through December. But Alex's most important traits cannot be quantified. Alex is a leader on the court, always demanding the best from himself and his teammates. Alex is always willing to take on added responsibilities, whether he needs to fill in at point guard, or defend the opposing team's best player. His work ethic is something that our entire coaching staff admires greatly.

### **Girls Basketball: Isabella Angelucci: Senior**

Bella has been a force on the court for us so far this season. Bella is currently averaging 14 points and almost 7 rebounds a game. She plays both ends of the floor at a high level and rarely leaves the court for us. While her contributions during games are impressive, the effort, energy, and leadership she brings during practice everyday is much more important. Bella is a leader and a role model for our younger players. She sets the bar high for herself and her teammates, and pushes everyone to be the best they can. It has been a pleasure to coach Bella over the last four years.

### **Cheerleading: Isabelle Mayers: Senior**

Isabelle has been a consistent leader within our program this season from day one. Without hesitation she learned tryout material to teach, helped lead practices, and has gone above and beyond for her teammates and coaches. Our coaching staff is extremely proud of the true team player she is at all times. Whether we need her to base, fly, or lead practice on a moment's notice she steps in with no questions asked. Isabelle is one of the most dedicated athletes in our program and we will greatly miss her next year.

### **Swimming: Trysta Schilder: Junior**

Trysta is a 2nd year swimmer that has made incredible strides since last season. This season Trysta has worked her way into the A Relay for the Medley Relay swimming the butterfly. She has also taken on swimming the 100 Fly individual event and done well. She came in 2nd in the 100 Fly in the meet against Deptford. We look forward to seeing her push herself even further this season.

### **Winter Track: Julian DeFinis: Junior**

Julian has been throwing shot put for three years. Over the past year, he has really pushed himself to excel in the weight room to build power and this has shown in his increases in throwing distances. At home, he studies the movements needed to succeed in shot put and he sets realistic goals to push himself in the sport. He is a model athlete competing in such an individualized sport and we are excited to see his progress through next year.

### **Wrestling: Owen Kulb: Freshman**

Owen started the 2021 - 2022 season with a 5-2 record in December with 3rd place finishes in the Haddon Heights and Haddon Township Holiday Tournaments. He has proved himself as one of the top 120lb wrestlers in South Jersey.