

# October Nominees

## **Cheerleading - Gianna Grzechowiak: Junior**

Gianna is an extremely talented cheerleader who brings out the best in all of her teammates. She has really stepped up as a leader this season and continues to improve in each area of our sport. Gianna goes out of her way to help everyone in the program. Whether she is learning new material, giving pointers when stunting, or just being a role model to her teammates, Gianna always has a positive attitude. She goes above and beyond in both practices and games. She has done an excellent job so far this season and we are excited to see her, and her teammates excel during their competition season.

## **Boys Cross Country: Dennis Fortuna: Senior**

Dennis had a tremendous month of October. He started off the month with a win at the Shore Coaches Invitational where he also broke the school record. In his next race, The Manhattan Invitational, he won that race and also set a new school record, and finally, at the Camden County Championships, Dennis not only won the race but smashed the course record.

## **Girls Cross Country: Brooke Campbell: Sophomore**

Brooke has been the top finisher for the girl's cross-country team in each race this season. She has significantly improved her 5k time over the course of the season due to her work ethic, commitment, and overall positive attitude at practice. Even as an underclassman, Brooke demonstrates leadership with her teammates and her quiet sense of humor brings levity to practice, even on the toughest workout days!

## **Field Hockey: Gina Hayford: Junior**

Gina has shown tremendous improvement as a player over the past 3 years. This season Gina's position changed from forward to defense for the betterment of the team. Gina acclimated to the change well and has grown into a solid defender that plays lower than anyone else on the field. Her ability to tackle the ball and distribute to a teammate has helped our defense slow down other teams on transition. We are proud of Gina's attitude and effort that is always given with a smile. She continues to want to learn about the game and get better. She is a role model for other players on the team and we cannot wait to see her continue to achieve her goals!

## **Football: Jarrett White: Senior**

Jarrett has been a one man highlight reel. In the month of October, he has 4 rushing TD's and 3 receiving TD's along with over 700 yards of total offense. On Defense he has 2 interceptions and over 25 tackles at the Cornerback position. Jarrett is also one of the smartest football players I have coached. He is very knowledgeable of everyone around him and what they should be doing. His Positive Attitude and electrifying playmaking ability have been contagious. When he plays at the best of his ability the team plays at the best of their ability. One of the main reasons the football team is on a 7-game winning streak would be because of Jarrett White. GO STANGS

## **Boys Soccer: Josue Ramos: Freshman**

Jose stepped into a new position as goalie this year at the JV level and has been extremely positive and motivated about playing. He is a leader on and off the field. He has taken this new position to heart and trains extremely hard to improve his skills every practice and gives his all-in games. He has come up with some big saves to keep his team ahead.

## **Girls Soccer: Kyra Samalonis: Sophomore**

Along with being an extremely smart player on the field, Kyra has the drive, work ethic, and skill to be very successful. Leading our team in assists with 13, Kyra has proved herself to be a huge asset for our offense where she excels at center mid and outside mid. congrats Kyra you deserve it!

## **Girls Tennis: Camryn Groves: Sophomore**

Camryn brought her best effort every day and it showed on the court. Starting the season as a new player, her dedication helped her rise up the team ladder and finish the season as a Varsity Player. She is eager to get better and receptive to coaching. We are excited to see Camryn's continued growth over the offseason and expect big things from her in the upcoming years.

## **Girls Volleyball: Alejandra Pena: Sophomore**

Alejandra has been a defensive force on the volleyball court. Her 39 digs and 16 aces in October led us to a Jubilee doubleheader sweep of the Tartans. Alejandra's 195 digs so far this season smashed the Triton single season record for digs in a season despite her missing two games. Alejandra is also second on the team with 43 aces. Alejandra's job is to take on the opposing team's best hitters and servers and she has done an excellent job. Felicitaciones, Alejandra!