



Welcome to AP Psychology!

2023 SUMMER ASSIGNMENT

Ms. Nordone

I am excited that you have decided to enroll in AP Psychology and immerse yourself in the fascinating world of psychology. I am certain that you will find this course worthwhile and personally relevant. Although it is the summer, there is work to be done. Please note, AP Psychology is an elective, college-level course, with higher student expectations than most courses taken by high school students. With that being said, it is imperative that we get a jump start on the AP Psychology curriculum. It is mandatory and, in your best interest, to complete the summer assignment. Your summer assignment consists of FOUR mini-assignments. Each assignment will serve a specific purpose that will assist you throughout the school year and aid in your preparations for the AP Exam in May. All assignments are due on or before Monday, September 11, 2023.

Assignment #1 – “If You Don’t Know the Theories/Approaches, You Know Nothing at All”

DIRECTIONS: You will create your first list of VOCABULARY words for the course using the well known theories/approaches to psychology. Use the template in Google classroom that is provided. You can use your online textbook (the words below are in order), your Amsco book, and/or an online source.

***Vocabulary Word Strategy: Date/Founder (Person), Explanation of the Approach, Key Terms**

Unit I- Approaches to Psychology: Past & Present

- | | | |
|----------------------------|---------------------------|-------------------------|
| empiricism | structuralism | introspection |
| functionalism | behaviorism | humanistic psychology |
| cognitive psychology | cognitive-neuroscience | evolutionary psychology |
| positive psychology | biopsychosocial | behavioral psychology |
| biological psychology | psychoanalytic psychology | psychodynamic |
| social-cultural psychology | | |

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Assignment #2 – “Who’s Who?”

DIRECTIONS: Flashcards are a must! You will create a set of flashcards for the most influential people in Psychology. Using your online text, Amsco book, and/or a reputable web source (www.famouspsychologists.org), look up each of the names below and research each of these psychologists. Read about their studies, their theories, and influential research relative to the field of psychology. On your flash card you should provide the person’s name on one side with an approximate date of their contribution/work. On the other side a detailed description of the thing(s) that make him/her influential or known in the field of psychology (i.e. what they are most famous for in the field and what they contributed to the field of psychology). Also provide any key terms with their definitions that apply to the person. I have provided an example below. Flashcards are to be hard copies, no digital flashcards will be accepted. If you need flashcards please let me know. You can use 3 x 5 cards or larger.

EX: (Front): Sigmund Freud (late 1800s-early 1900s)

(Back): Psychoanalysis/Psychoanalytic Theory: 1st psychologist to use discussion & analysis to solve everyday problems; interpretation of dreams, Psychosexual theory of personality development; id/ego/superego (parts of mind)

Alfred Adler

Mary Ainsworth

Gordon Allport

Solomon Asch

Albert Bandura

Alfred Binet

Paul Broca & Karl Wernicke

Noam Chomsky

Erik Erickson

Sigmund Freud

Howard Gardener

Michael Gazzaniga

G. Stanley Hall

Harry Harlow

William James

Carl Jung

Lawrence Kohlberg

Elizabeth Loftus

Abraham Maslow

Stanley Milgram

Ivan Pavlov

Jean Piaget

Carl Rogers

Stanley Schachter

B.F. Skinner

Charles Spearman

John B. Watson

Benjamin Whorf

Wilhelm Wundt

Edward Thorndike

Francis Galton

Phineas Gage

Martin Seligman

Herman Rorschach

John Locke

Hermann Ebbinghaus

Karen Horney

Robert Sternberg

Roger Sperry

Erich Fromm

Philip G. Zimbardo

Lev Vygotsky

James-Lange

David Weschler

Lewis Terman

Cannon-Bard

Elisabeth Kubler-Ross

Albert Ellis

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Assignment #3 - "Amsco: Psychology for Dummies"

DIRECTIONS: Using your Amsco book, read Chapter 1: Introducing Psychology (p. 2-15). After reading the chapter answer the following questions:

p. 20, FRQ (free-response question) #1, **PART A ONLY**

p. 22 FRQ, **PART B ONLY**

Your answers can be in a list form or paragraph form. You will submit them on a Google Document in Google classroom.

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Assignment #4 - "RELAX, BREATHE, & ENJOY LIFE"

DIRECTIONS: Don't forget to take time to yourself. For this assignment read the suggested relaxation techniques by following the link below. If you have another technique feel free to use it.

[Relaxation techniques: Try these steps to reduce stress - Mayo Clinic](#)

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"You do enough"

"You are enough"

"You have enough"

"RELAX: Your calm is the best weapon against your challenges"

EVERYTHING IS DUE TO MS. NORDONE BY MONDAY, 9/11!

You will receive NO CREDIT if it is late.

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