

# ***STOP***

## **Students Taking an Opposite Path**

- **Program Overview**

- Facilitated by Center for Family Guidance
- 5 weeks of group sessions
- Every Thursday @ Highland High School from 6:00 p.m. – 7:30 p.m.
  - Room E109 an E110
- Maximum 12 students

- **6 Sessions Topic Ideas**

- *Getting to Know Me/How I Got Here*
- *Why You Don't Understand Me*
- *My Behavior/Decision-making/Peer Pressure and Positive Peer Influence*
- *Emotional Health*
- *Substance Abuse Overview/Overview of Addiction Difference between drug abuse and drug dependence*
- *Addiction and Families*

- **Program Dates:**

- Session I - October 7, 2021 – November 18, 2021
  - 10/7, 10/14, 10/21, 10/28, and 11/11 (Make-up date 11/18/21)
- Session II - January 6, 2022 – February 10, 2022
  - 1/6, 1/13, 1/20, 1/27, and 2/3. (Make-up date February 10, 2022)
- Session III - March 3, 2022 – April 7, 2022
  - 3/3, 3/10, 3/17, 3/24, and 3/31. (Make-up date April 7, 2022)
- Session IV – April 28, 2022 – June 2, 2022
  - 4/28, 5/5, 5/12, 5/19, and 5/26. (Make-up date 6/2/22)